

FEED THE
WARRIOR
WITHIN

Fresh lunchbox ideas

LUNCHBOX IDEA #2
PLANT BASED



Pizza Scrolls



the source
BULK FOODS

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HERE'S WHAT'S INSIDE

2 Pizza Scrolls
50g Australian Dried Fruit
40g Pretzels
60g carrot, cut into sticks
60g celery stalk, cut into sticks
55g pineapple pieces
4 cherry tomatoes
120g grapes
Chickpea Greek Salad

Chickpea Greek Salad

4 olives
40g feta
20g chickpeas
100g shredded lettuce
2 tbs dressing of choice

Combine all ingredients and stir through dressing of choice.

**DOWNLOAD THE PLANT BASED PIZZA SCROLLS RECIPE
FREE FROM OUR WEBSITE (PLUS OTHERS), THEN
PICK UP A WARRIOR LUNCHBOX INSTORE OR ONLINE**

WWW.THESOURCEBULKFOODS.COM.AU

*Shelf life for prepared food as shown varies and some ingredients may require refrigeration.
Remember to comply with your school's food policy regarding allergens.



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