

FEED THE
WARRIOR
WITHIN

Fresh lunchbox ideas

LUNCHBOX IDEA #6



Chickpea
Hummus



the source
BULK FOODS

FEED THE
WARRIOR
WITHIN

Fresh lunchbox ideas

LUNCHBOX IDEA #6

HERE'S WHAT'S INSIDE

- 80g Hummus
- Pita Bread, cut into slices
- 80g Strawberry Slice
- 50g Rice Crackers Seawood
- 3 cherry tomatoes
- 60g carrot, cut into sticks
- 1 Quke baby cucumber
- ½ pear
- 10 blueberries



Back to school or back to work - take your own lunch box and help stop plastic before it starts.

DOWNLOAD THE HUMMUS RECIPE FREE FROM OUR WEBSITE (PLUS OTHERS), THEN PICK UP A WARRIOR LUNCHBOX INSTORE OR ONLINE

WWW.THESOURCEBULKFOODS.COM.AU

*Shelf life for prepared food as shown varies and some ingredients may require refrigeration. Remember to comply with your school's food policy regarding allergens.



the source
BULK FOODS