

FEED THE
WARRIOR
WITHIN

Fresh lunchbox ideas

LUNCHBOX IDEA #10 DAIRY FREE



Sweet Potato
Falafel Bites



the source
BULK FOODS

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HERE'S WHAT'S INSIDE

- 3 Sweet Potato Falafel Bites
- 40g chickpea hummus
- 3 baby cucumbers, halved
- 6 grape tomatoes
- 20g Australian organic popping corn, popped
- 10g Australian oil-free sultanas
- 10g cranberries

**DOWNLOAD THE WHITE CHOC FRUIT & COCONUT BARS
RECIPE FREE FROM OUR WEBSITE (PLUS OTHERS), THEN
PICK UP A WARRIOR LUNCHBOX INSTORE OR ONLINE**

WWW.THESOURCEBULKFOODS.COM.AU

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Statements are provided as a guide only and do not reflect any ingredients or products referred to in this recipe, or that are not listed. Shelf life for prepared food as shown varies and some ingredients may require refrigeration. Remember to comply with your school's food policy regarding allergens.



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